

SAUNA CHECKLIST



DESIGN AND COMPLIANCE

- ☐ Choose a location with moisture-resistant [surfaces](#) and good drainage
- ☐ Ensure appropriate clearances from combustible [materials](#)
- ☐ Use moisture-resistant [insulation](#) and vapour barriers
- ☐ Confirm electrical components comply with AS/NZS 3000

MATERIALS

- ☐ Use untreated, heat-resistant timbers like cedar or hemlock
- ☐ Choose non-slip flooring outside the sauna entrance
- ☐ Install proper doors: Tempered glass or solid timber

INSTALLATION

- ☐ Select a suitable sauna heater: Electric or infrared
- ☐ Install a thermostat and timer for safety
- ☐ Provide adequate [ventilation](#) inside the sauna
- ☐ Include a floor drain for easy cleaning

FINISHING TOUCHES

- ☐ Add seating benches with rounded edges
- ☐ Install a light fitting rated for sauna use
- ☐ Provide towel hooks and water buckets if needed



@build.com.au



@buildcomau



@build.com.au